



Shaker Heights High School

The Oval Online - Shaker Heights High School PTO E-Newsletter

Friday, September 18, 2009

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IN THE NEXT WEEK

Monday, September 21, 7 pm SHHS PTO Meeting & PTO Program 7:30 pm

High School Small Auditorium

How to Help Your Child be Successful at the High School

Hear ideas and suggestions about navigating the high school from several students' perspectives with the opportunity to ask them questions about what has and has not worked for them. Hear "State of the School" remarks from Principal Michael Griffith with the opportunity to ask him questions as well. The PTO business meeting will be from 7:00 to 7:30pm prior to the program and will include voting to approve the budget for the year and to approve the Regulations and Standing Rules which have been revised to align with the PTO Council's and are available to look over at Shaker.org.

Friday, September 25, Progress Reports Mailed

Monday, September 28, NO SCHOOL K-12

UPCOMING EVENTS

Testing Schedules

Wednesday, September 30, Grade 11 Pre-PSAT

Wednesday, September 30 - Friday, October 2, Grade 9 Terra Nova Testing

Thursday, October 1, Grade 10 PLAN Testing

Homecoming Weekend

Friday, October 9 - 7:15 Homecoming Spirit Breakfast.

Sports Boosters will be handing out free donuts in front of the high school and students will be entertained by members of the marching band and cheerleaders, who will help get us spirited for Homecoming!

Saturday, October 10 at 2 pm - Homecoming Football Game Shaker v. Mentor

Saturday, October 10 at 8 pm - Homecoming Dance

NOTES & NEWS

Tutoring Center

The Homework Tutoring Center will be open today and Thursday from 4 to 6:30 in Rooms 153, 156 and 157 and the Computer Lab. will be open Tuesday-Thursday from 4:00to 6:30 pm in Rooms 153, 156 and 157 and the Computer Lab.

Seventeen Shaker Seniors Named National Merit Semifinalists

This year's National Merit Semifinalists from Shaker are Alison Boyd, Abigail Christman, Grace Crosby, Benjamin Davis, Rose Egelhoff, Samantha Goldfarb, Julie Gyurgyik, Maxwell Haber, Carol Hundert, Anirudh Jayanti, Rachel Leonard, Lawrence Neil, Callum Orr, Caelyn Rosch, Kathryn Rownd, David Stahl, and Harper Sutherland. For more information check out the [press release](#) on shaker.org

Health Education Nutrition Project

Health education teachers Hubert McIntyre and Christy Dorenkott are having their students participate in a nutritional labeling fair where the students are analyzing the nutritional value of various food products that they have in their homes. They will then work on creating a long term nutritional plan for their own health and well being. In this age of "prevention is the best medicine," the knowledge gained through understanding nutritional labeling will go a long way towards the health of our students as they become informed consumers in their dietary choices.

A Note From the Security Staff

As the school year begins, please remind your students that the best place for their cell phones and other valuables during the school day is locked in their lockers. Mr. Farrell and the Security Staff maintain the Lost and Found. When students lose valuables during they day, are often so worried that they are completely distracted from their classes and learning!

DIRT - a One Man Performance, September 23rd

The SAY Coalition of Bellefaire JCB is collaborating with multiple regional partners to bring a program for teens and parents to Cleveland this fall. Specifically designed for Middle School, High School and College age students and their parents, DIRT is a one- man performance by actor and comedian, John Morello, about substance abuse, risky behaviors and making choices. Described in a NY Times review as using humor as "a new weapon against bad choices", DIRT promises to be a powerful performance in which laughter and tears combine to tell a simple tale that will leave audiences spellbound and thinking about how much one life is worth.

Three local performances include an evening at John Carroll's Donahue Auditorium on Wednesday September 23rd. SEE the attached flyer for more information. Please join us for what promises to be a compelling performance with an important message for all! Please spread the word to others.

FALL SPORTS NEWS

Cross Country Results Women's

Senior Katelyn Walker set a new school 5K record on Saturday at the Tiffin Cross Country Carnival. Katelyn placed 20th out of a field of 197 with a time of 19:10.04. Shaker tied for with arch-rival Mentor for 13th place out of 29 teams.

Cross Country Results Men's

The boys cross country team has run in two meets so far this year. At the first meet (August 29), we ran at the Berkshire Invitational, and finished 7th out of 16 teams.

Congratulations to our runners who improved our standing in this year's meet compared to last year!

At Berkshire, the following 4 runners earned medals: Jon Metz, Jeff Phillip, Rob Spielman, and Jonah Weinstein.

At Brecksville, the competition was much stiffer, but due to the strong grouping of Jon Metz, Jonah Weinstein, Rob Spielman, Jeff Phillip, Ian Adams, Chris Seaman, and Duane Horton, we improved our placement in this year's race.

The following people are running on this year's boy's cross country team:

Ian Adams, Ian Bartimole, Jerome Bates, Ben Cahn, Jairon Cain, Trevor Carl, Noah Collin, Terrel Golden, Matt Goldenberg, Danny Greene-Havas, Emmett Hammer, Adam Hershoren, Duane Horton, Quinn Ivory, Jack Laskey, Jon Metz, Shoumik Pennathur, Jeff Phillip, Kevin Plautz, Alex Schachtel, Chris Seaman, Steven Simske, Rob Spielman, Michael Thomas, Clifton Turner, Jonah Weinstein and Josh Yauch.

Women's Soccer

Shaker Women's Soccer had a successful week with a win over Aurora (2-0) on Saturday with goals by Caitlin Cheverine and Amber Goins and then another win over Rocky River (4-0) Monday evening with two goals by Mary Clair and one each by Molly Elson and Kaley Shlaes. The team played Cleveland Heights at home on Thursday (no score at press time). Soccer Fans, please come and watch the team play Mentor, our LEL rival, at 4:30 pm at home on Wednesday, Sept. 23. The players would love to have some Shaker fan support when they take on Beaumont on Beaumont's field on Saturday, 9/26 at 1pm.

Men's Golf Results

Shaker 398 versus **Cleveland Heights 358**

Shaker 174 versus Cleveland Heights 182

Shaker 398 versus **Mentor 325**

Shaker 174 versus **Mentor 159**

Shaker 176 versus Southview 194

Shaker 159 versus Admiral King 181

Shaker 161 versus Euclid 190

Shaker 173 versus Euclid 207

Shaker 158* versus Bedford 230

John Chaney 37**

Branden Henning 39***

Alex Myrick 39

Jean Freeman 43

* Lowest score in two year

** Medalist for the match

*** lowest score he has ever shot

The team is looking forward to playing the staff members at Shaker Country Club on the 22nd of September.

Field Hockey

Congratulations to the Shaker JV Field Hockey team on an amazing 4 to 3 win against Magnificat on Wednesday!!!

Raider Club Community Events

Shaker Heights Raider Club presents a family-friendly community event celebrating the Shaker Heights High School football season with a RAIDER Community

Block Party on Saturday, September 19th at Shaker Heights High School, 15911 Aldersyde Road from 4:00 pm to 6:00 pm. No admission charge. Tickets for pizza, refreshments and games of chance will be available for a nominal cost. Games, prizes, dancing, entertainment, karaoke, facepainting and fun!! Wear your school colors!! [Click here to see flyer.](#)



*Please note: Coaches and the Oval Editor do their best to get the right spellings for athletes' names but there may be mistakes now and then. Feel free to email me at shakerhighpto@gmail.com with any corrections and I will forward them on to the appropriate contact. Thank you for your understanding. Stacey Reed, Oval Editor 2009-2010.

NEIGHBORHOOD NEWS

Moreland on the Move Community Association's First Annual Community Harvest

2 - 6 p.m., Sunday, September 27th at Chelton Park

Proceeds benefit beautification efforts in the Moreland area and youth empowerment activities.

- Fun & games for kids of all ages!
- Empowerment workshops sponsored by Family Connections, Health Department and others.
- 50/50 Raffle!
- Fish Fry, Ribs & Dogs!

Questions? Call 216.401.5525 or 216.295.8865

OVAL ONLINE CONTACT INFORMATION

Deadline for submitting SHHS-related information for the SHHS Weekly OVAL Email is weekly Thursday at noon. Send submissions, subscription requests, comments or questions to ShakerHighPTO@gmail.com.

Mission Statement.....The Shaker Heights Parent Teacher Organization (PTO) is dedicated to facilitating the active and informed involvement of all parents and families to achieving the educational success and well being of children.

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